

LESSON 1

Unbuttoning a Sweater

Getting Ready

1. Read through the lesson before working with the learner.
2. Organize the materials you will need for the lesson:
 - A sweater with buttons (large buttons and buttonholes are best)
 - Instructor's Chart
 - Learner's Chart
 - Pencil and crayons for marking charts
 - Reward badge
3. Arrange a work space that will best suit lesson activities.
4. Begin working with the learner.

Directions

Begin with the learner wearing the sweater. All of the buttons should be buttoned. Stand behind the learner while teaching him to unbutton the sweater.

Note: Until the learner can unbutton the sweater on his own, teach Lesson 1 each day.

Instructor's Dialogue

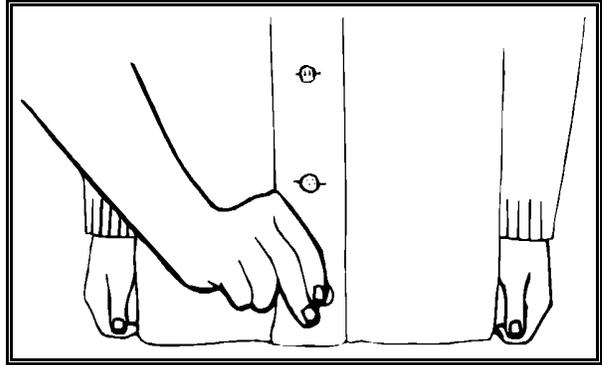
Step A (Show)

I: I will help you learn to unbutton the sweater. Look here.

(Point to the bottom button on the sweater.)

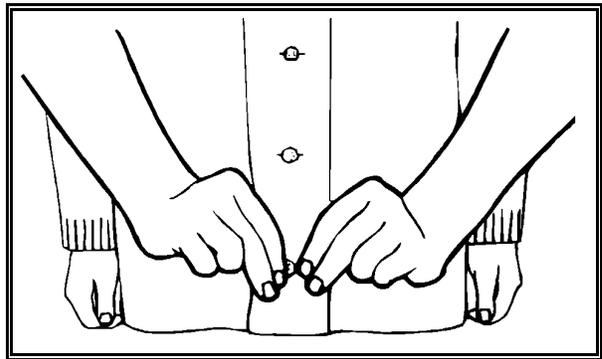
I: First, I hold the button with this hand.

(Hold the button between the thumb and index finger of one hand.)



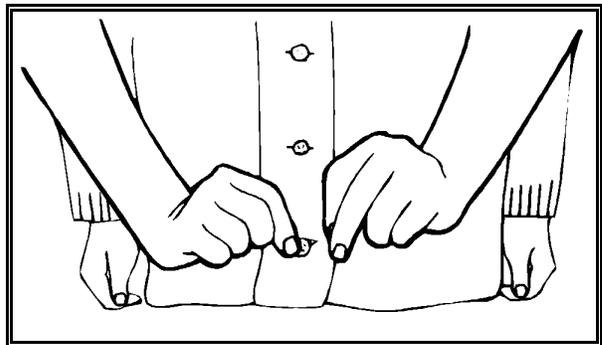
I: Then I hold and pull the buttonhole with this hand.

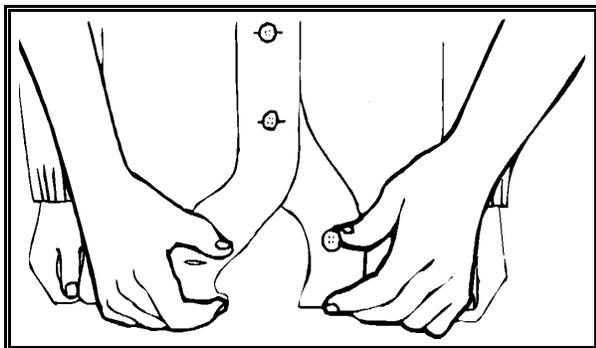
(Hold the edge of the buttonhole and pull it gently away from the button with the other hand.)



I: Next I push the button through the buttonhole while holding the edge of the buttonhole.

(Push the button through the buttonhole and hold the edge of the buttonhole until it is unbuttoned.)





I: There! It's unbuttoned.

(Proceed to Step B.)

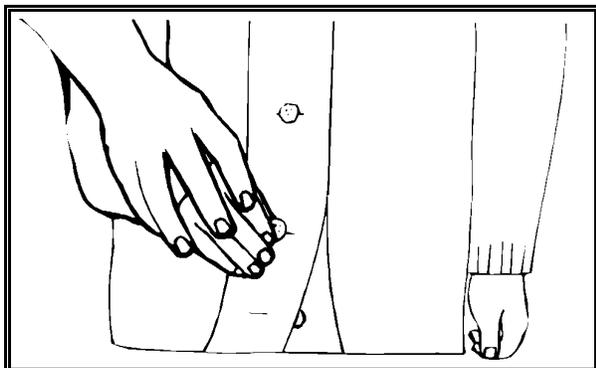
Step B (Help)

I: (Move to the next button.)

Let's try the next button together.

First, we hold the button with this hand.

(Help the learner hold the button between the thumb and index finger of one hand.)

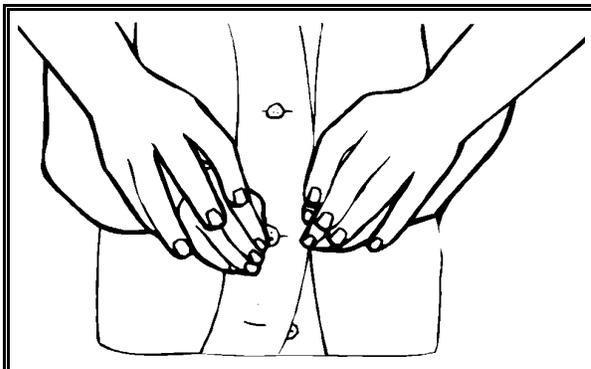


L: (Holds the button with the instructor's help.)

I: Good job holding the button!

I: Now we hold and pull the buttonhole with this hand.

(Help the learner hold the edge of the buttonhole and pull it gently away from the button.)

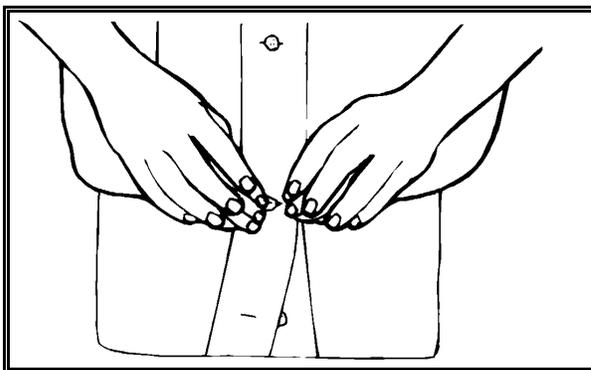


L: (Holds and pulls the edge of the buttonhole with the instructor's help.)

I: That's the way to pull the buttonhole!

Now we push the button through the buttonhole while holding the edge of the buttonhole.

(Help the learner push the button through the buttonhole and hold the edge of the buttonhole until it is unbuttoned.)



L: (Finishes unbuttoning the button with the instructor's help.)

I: We did it! We unbuttoned it.

(Repeat Step B until the learner correctly completes each part of the step with your help. When he does, proceed to Step C.)

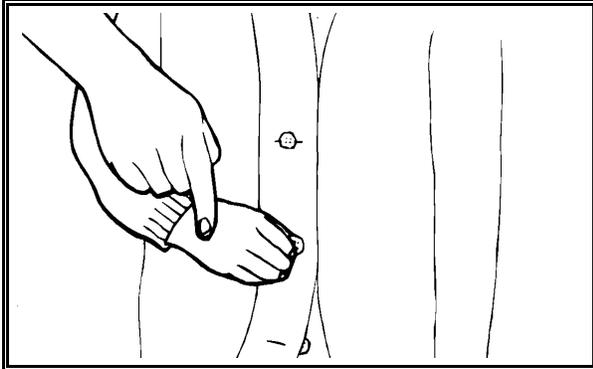
Step C (Touch)

I: (Move to the next button.)

Let's try the next button.

First, hold the button with this hand.

(Touch the learner's hand that will hold the button.)

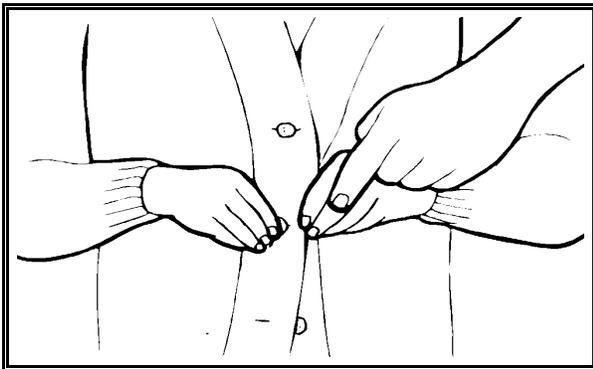


L: (Holds the button when his hand is touched.)

I: **Nice job holding the button!**

Now hold and pull the buttonhole with this hand.

(Touch the learner's hand that will hold and pull the buttonhole.)

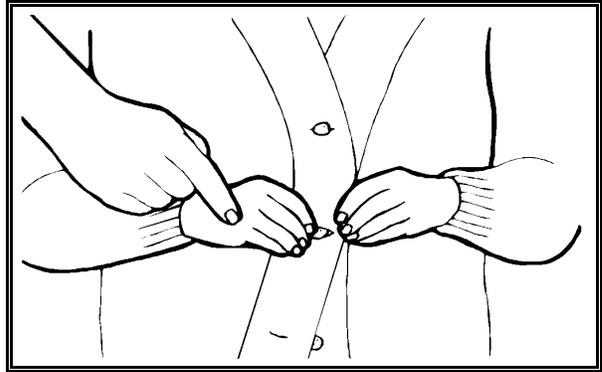


L: (Holds and pulls the buttonhole when his hand is touched.)

I: **Excellent! You're good at pulling the buttonhole.**

I: **Next push the button through the buttonhole while holding the edge of the buttonhole.**

(Touch the learner's hand that will hold the button.)



L: (Finishes unbuttoning the button when his hand is touched.)

I: **Great! You unbuttoned it.**

Correction Procedure: If the learner has difficulty, return to Step B (Help).

(Repeat Step C until the learner correctly completes each part of the step when his hands are touched. When he does, proceed to Step D.)

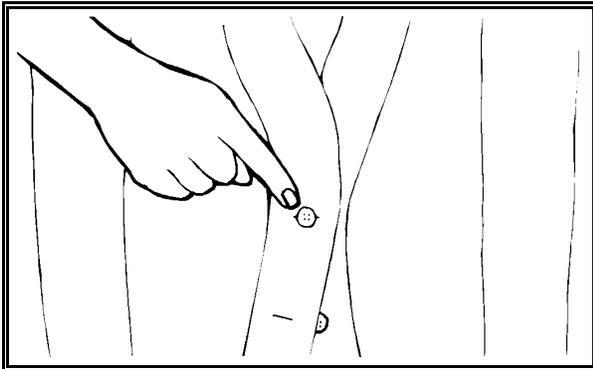
Step D (Point)

I: (Move to the next button.)

Let's try the next button.

First, hold the button.

(Point to the button.)

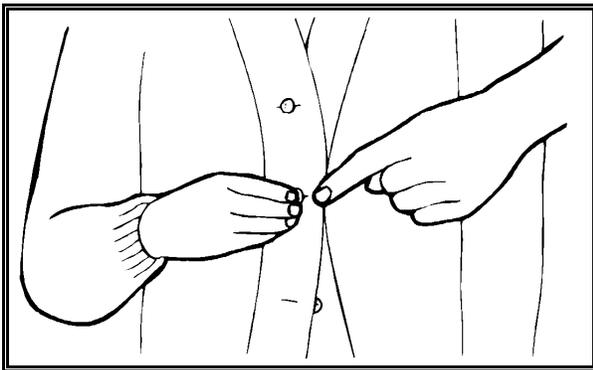


L: (Holds the button when the instructor points to it.)

I: **Good job holding the button!**

Now hold and pull the buttonhole.

(Point to the edge of the buttonhole.)

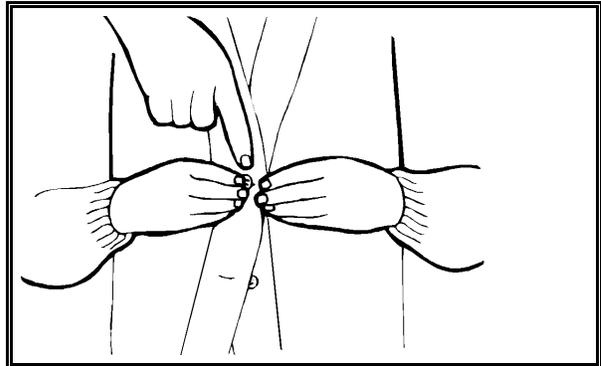


L: (Holds and pulls the edge of the buttonhole when the instructor points to it.)

I: **That's the way to pull the buttonhole!**

I:Next push the button through the buttonhole while holding the edge of the buttonhole.

(Point to the button.)



L:(Finishes unbuttoning the button when the instructor points to it.)

I:**You did it! You unbuttoned it.**

Correction Procedure: If the learner has difficulty, return to Step C (Touch).

(Repeat Step D until the learner correctly completes each part of the step when you point. When he does, proceed to Step E.)

Step E (Tell Steps)

I: (Move to the next button.)

Try the next button.

First, hold the button.

L: (Holds the button.)

I: **Nice job holding the button!**

Now hold and pull the buttonhole.

L: (Holds and pulls the edge of the buttonhole.)

I: **You're good at pulling the buttonhole!**

Next push the button through the buttonhole while holding the edge of the buttonhole.

L: (Finishes unbuttoning the button.)

I: **Great! You unbuttoned it.**

Correction Procedure: If the learner has difficulty, return to Step D (Point).

(Repeat Step E until the learner correctly completes each part of the step when told. When he does, proceed to Step F.)

Step F (Tell)

I: (Rebutton the sweater or move to the next button.)

This time unbutton the next button by yourself. Ready. Do it.

L: (Holds the button, holds and pulls the buttonhole, and pushes the button down through the buttonhole until the button is unbuttoned.)

I: **You did it! You unbuttoned it by yourself.**

(Rebutton the sweater so the learner can unbutton the whole sweater.)

Now unbutton all of the buttons on the sweater.

L:(Unbuttons all of the buttons on the sweater.)

I:**You did it! You unbuttoned all of the buttons on the sweater by yourself.**

Correction Procedure: If the learner has difficulty, return to Step E (Tell Steps).

(Repeat Step F until the learner unbuttons all of the buttons on the sweater three times in a row by himself.)

(The learner has completed the lesson when he can unbutton all of the buttons on the sweater three times in a row without help or demonstration. Mark the Instructor's Chart and give the learner a reward badge.)

